



CLAIRE M. CASSIDY, Ph.D., Dipl Ac, LAc
National Board Certified Acupuncture Practitioner
Consulting Medical Anthropologist

Claire M Cassidy, PhD, LAc, currently

- does clinical work as an integrative practitioner with specialties in acupuncture, nutritional counseling, and enzyme therapy,
- does research focusing on narrative research with health care practitioners, mixed qualitative-quantitative questionnaire and survey design, and comparative medicine,
- serves as Associate Editor for the Journal of Alternative and Complementary Medicine (MaryAnn Liebert, Publisher).



Before becoming a clinician, Dr. Cassidy earned her doctorate in Human Biology at the University of Wisconsin, with a sub-specialty in paleopathology and paleonutrition. She did post-docs at the Smithsonian Institution, and the Johns Hopkins School of Medicine in History of Medicine. She taught in the Anthropology Departments of the University of Minnesota and the University of Maryland, where she pioneered courses in comparing urban world Medicines. Over the years she also received grants, and accepted consulting jobs (National Science Fd, U. S. Agency for International Development), which supported nutritional anthropology research in Belize (Central America), Mauritania, Sri Lanka, and the U.S.

In 1991 she accepted a position as Director of Research at a leading acupuncture school, TAI-SOPHIA, near Columbia MD. In this position she performed the first (and, so far, only) national survey of acupuncture users (1995), assembling data from 6 clinics in 5 states, for a total sample of 575 patients. Of these 470 offered narrative reports on their experiences. Together, the quantitative and qualitative data provided an image of users that has been largely supported by later research in the US, Canada, and the UK. These data were published in 1998—please see the references list below.

In 1993 Dr. Cassidy co-led a Methodology Panel with Wayne Jonas, MD, at the Workshop on Alternative Medicine, Chantilly VA, sponsored by NIH, subsequent to which NIH founded the Office of Alternative Medicine. Dr. Cassidy served on the Editorial Board for this Office.



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The work of the Board resulted in the publication of *Alternative Medicine, Expanding Medical Horizons*, 1995.

In 1998, Dr. Cassidy entered Chinese medical school at the Maryland Institute of Traditional Chinese Medicine (Bethesda). There she received training in acupuncture medicine from Chinese teachers trained in Shanghai, graduating 2001. Subsequently, Dr. Cassidy has received additional training in Yamamoto Scalp Acupuncture, and Kiiko Matsumoto-style Japanese acupuncture. She has also received advanced training in Loomis-style enzyme therapy, the BioSET™ allergy elimination system, Harner-style shamanic practice, and Mietek Wirkus BioRelax™ healing. She studies Tai Chi Chun.

While in Chinese medical school, Dr. Cassidy edited a major text aimed at biomedical practitioners, *Contemporary Chinese Medicine and Acupuncture*, Elsevier (Churchill-Livingstone imprint), 2002. She has also published numerous articles and chapters in books, see below. Today she continues to work for the development of East Asian medicine in the U.S., and for philosophical and methodology development in the field of alternative and integrative medicine.

Current Positions:

Head, Windpath Healing Works, LLC, an integrative medical practice

Associate Editor, *Journal of Alternative and Complementary Medicine*

Head, Paradigms Found Consulting, Bethesda MD

Honors:

Special Recognition National Acupuncture Detoxification Association (2003)

Elected to National Academy of Acupuncture and Oriental Medicine (1997)

Phi Beta Kappa, Phi Kappa Phi, Sigma Xi Academic Honor Societies



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Selected Publications:

Texts

2002 Editor & Author: Contemporary Acupuncture and Chinese Medicine, Churchill-Livingstone (Elsevier), Edinburgh.

1995 Co-editor: Alternative Medicine, Expanding Medical Horizons, U.S. Govt Printing Office

Chapters, Articles, Reviews

- 2007 Patient Patterns of Use and Experience of Acupuncture. Chapter 3 in: Hugh MacPherson & George Lewith, editors, *Doing Acupuncture Research*, Elsevier
- 2006 Book Review: The Scientific Basis of Integrative Medicine, Authors LWisnesky & L Anderson, CRC Press, in *J Alt Comple Med Dec*
- 2005 Research Methods for Massage and Bodywork. *Massage Australia*
- 2004 Editorial: Medical Models, Cultural, Historical and Terminology Issues. *J Altern Complement Med* 10(2): 401-403
- 2004 What Does It Mean To Practice an Energy Medicine? *J Altern Complement Med* 10(1): 79- 83.
- 2004 "Getting the Point"-- w/ Mark & Warner Seem, Lixing Lao, Helene Langevin, in *Clinical Acupuncture & Oriental Medicine* (professional journal)
- 2003 Methodological Issues in Investigations of Massage/Bodywork Therapy: Part II-- Making research designs and data credible. w/ J A Hart. *Physical Therapy in Sport* 4(3): 107-114.
- 2003 Methodological Issues in Investigations of Massage/bodywork Therapy: Parts I-IV. *J Bodywork Movement Ther*, January, April, August, December 2003
- 2003 Commentary on Terminology and Therapeutic Principles: Challenges in Classifying Complementary and Alternative Medical Practices. *J Altern and Comple Med* (6): 893-895
- 2001 Qualitative Research Methods for Oriental Medicine. In: Gabriel Stux and Richard Hammerschlag, eds., Clinical Acupuncture, Scientific Basis. Springer-Verlag.



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- 1999 Reflections for Anna, a response to "Observations on the disintegration of the self: An experiential case for holism. *Advances in Mind-Body Medicine*
- 1998 Chinese Medicine Users in the United States: Part I, Utilization, Satisfaction, Medical Plurality. Part II: Preferred Aspects of Care. *J Altern Comple Med* 4(1): 17-28 (Part I); 4(2):189-202 (Part 2).
- 1997 Medical Care, Complexity, and the False Idol of Truth, Comments in response to The Challenge of One Medicine, Theories of Health and Eight World Hypotheses, by Gary Schwartz and Linda Russek, *Advances, the Journal of Mind-Body Health* 13: 23-27
- 1996a Energy and Integrated Medicine, Comments in response to Energy Cardiology: A Dynamical Energy Systems Approach for Integrating Conventional and Alternative Medicine, by Linda Russek and Gary Schwartz, *Advances, the Journal of Mind-Body Health* 12(4):25-27.
- 1996b + Cultural Context of Complementary and Alternative Medicine Systems. In: M. Micozzi, ed., Fundamentals of Complementary and Alternative Medicine, N.Y., Churchill Livingstone Publ., pp. 9-34. Second Edition, 2000. Third Edition 2005.
- 1996c A Survey of Six Acupuncture Clinics: Demographic and Satisfaction Data. *Proc Soc for Acupunc Res* 3: 1-27.
- 1996d New Research: Patients Vote An Overwhelming "Yes" for Acupuncture. *Meridians, Changing the Personal Experience of Health*, Spring 1996 (Popular article)
- 1995a Anthropological Perspectives on Study Design. *Pro Soc Acupunc Res* 2: 108-119.
- 1995c Anthropological Theory and Methods in the Study of Alternative and Complementary Medicine. *J Altern Comple Med* 1: 19-40.
- 1994a Walk a Mile in My Shoes: Culturally Sensitive Food-habit Research. *American Journal of Clinical Nutrition* 59 (15): 1905-1975
- 1994b Unraveling the Ball of String: Reality, Paradigms, and Alternative Medicine. *Advances, The Journal of Mind-Body Health* 10(1): 5-31
- 1992b Beliefs and Attitudes About Mental Health and Illness of White Middle Class Americans. Research report submitted to Center for Survey Methods Research, US Bureau of the Census, Washington DC.

Columnist, "Oriental Medicine," *Pathways Magazine*, *Mind Body Spirit Resources in the Washington DC Metro Area* (selected titles)

Summer 2007 *Grow Old Along With Me*



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Spring 2007 Reduce Your Stress, Improve Your Mood!
Winter 2007 Healing Your Digestion
Summer 2006 Insomnia, Stress & Pain, & Getting a Good Night's Sleep
Spring 2006 Sex and the Acupuncturist (Reproductive Health)
Winter 2006 Ooh, My Aching Head!—Headaches and Oriental Medicine